

# OUTPOST

MAGAZINE OF THE BRITISH CLUB, BANGKOK



SEPTEMBER 1995

**WE'VE MOVED  
PETCHABURI TO PARIS  
SATHORN TO SYDNEY  
CHAENGWATTANA TO  
CHELSEA  
ASOKE TO ATLANTA  
RUAM RUDEE TO ROME  
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**British Club**  
 189 Surawong Road  
 Bangkok 10500  
 Tel: 234 0247, 234 2592  
 Fax: 235 1560

**ADVERTISING**  
 For advertising please contact  
 Creative Partnership Tel: 285  
 4721-2  
 Fax: 285 4723

### CONTRIBUTIONS

If you would like to contribute to  
 Outpost please contact David  
 Viccars at the British Club  
 Deadline: 10th of each month



# From the Editor

---

**D**ear Readers,

Well this is it then. I don't know if I should be sorry or relieved. Outpost had become rather a heavy duty job in the end, with work commitments elsewhere etc. My family will be relieved not to hear me say, every month : "I have to finish the Outpost". I will miss the printer, Khun Wan, a lovely lady who has always helped me when deadlines were missed and gave advice on when I did not line the photographs up properly and where to put the advertisements etc. I am only an amateur after all.

I remember meeting Gaynor de Wit a few years ago and she asked me what I did. I told her I was doing nothing much like holding down a "proper" job, but I did do the monthly magazine for the British Club. To which Gaynor replied : "Oh, if I was a housewife that would be the sort of thing I'd like to do!" So there you go Gaynor, with the team of Creative Partnership behind you, I herewith officially hand over the Outpost to you. I am sure you will make it look beautiful, with lots of fancy graphics, lovely colour pictures etc. True artists can make the most of all the equipment available and I am sure you will.

Have you got the feeling I am sending my daughter off to boarding school?? OK, a little more, Outpost has always been a true Club magazine, it is not Vogue or Tattler, although a bit of gossip is great, don't you think? It's been a simple magazine up to now, with some contributions of members, lots of articles from sports sections, the monthly moan from the Chairman about money, an occasional hint from the Manager about paying our bills in time, a true information leaflet (expensive but wanted .... probably!) I would like to wish Creative Partnership a lot of fun with the New Members, the events in the Club, all the things the readers want to read about and make them want to visit the Club even more. I look forward to sitting back with next months edition and admiring someone elses handy work, rather than dreading the oncoming deadline and knowing from page to page what's inside in and probably already apologising to the membership that it's going to be late again! So good luck with my baby, I might even send you a "Letter to the Editor" because with Joe not on the Committee anymore and me Editor off, we are now just ordinary members and can do that sort of thing!

This month in Outpost, a story about life as a town vet, a letter from the Treasurer, the usual contributions from the sports sections so read on you lot!

Regular contributors to Outpost should note that all copy should be in the hands of David Viccars by 10th of each month preceding publication, so your next deadline is 10th September, probably now whilst you are reading this. Now a proper company is "doing" Outpost, deadlines will be stricter and if your article is not in time you will miss the boat! Don't let them down, fill Outpost up with lots of Club news, after all that's what you want to read.

I'm sitting here smirking about what I am going to do with my time, the spare money saved on telephone bills, faxes etc. Probably spend it just as quick as I did before. After 8 weeks of being a visitor (USA) and having relatives over our house is now a true oasis of peace and quiet in Sukhumvit, these will be my last late, late nights, sitting behind the computer in our bedroom, with Joe trying to get some sleep and me pounding away on the keys, desperately trying to think on what to put in the Children's Corner. My children are the Club Magazine's worst critics, "Oh mum, it's so boring what you put in this month". Quite understandably, because usually articles for this section have been pinched out of their books or magazines.

So over to you, Creative Partnership.

See you around the Club,

Bea Grunwell  
Editor (Retired)

**You'll see a difference**

# next month

Next month  
The Creative  
Partnership  
takes over the  
design and  
production of  
the Outpost  
magazine. We  
think that you  
will notice a  
difference.

- **graphic design**
- **annual reports**
- **brochures**
- **desktop publishing**
- **in-house printing**

To advertise  
in this  
special first  
edition contact  
the Advertising  
Sales Manager  
at the address  
below.



t one of the first people who spoke to me when I arrived  
ub was Bea Grunwell who said something like "and don't  
have to do a bit for 'Outpost' every month". Well I have  
ieve that and it is now my turn to dictate terms to Bea's  
best of luck to David Blowers, Jonah Foran and Gaynor  
ey are faced with the challenge of 'Outpost' and  
to them for being selected as the new production team.  
ne it would seem to me that we owe Bea Grunwell a debt  
taking on 'Outpost' under (apparently) rather adverse  
keeping it going so well for the last 3 years, Bea, well  
your forthcoming rest!

m at the Club on which we can get a whole range of  
advertise forthcoming events likely to be of general interest  
l, Golf events, Aussie rules etc but if you spot something  
en simply contact the Club and book the set!

to life with a whole range of activities planned, including  
s, a floodlit Croquet tournament, the "Last night of the  
s are listed in full elsewhere in the magazine. Then early  
and an EGM, what more could anyone ask for? We must  
tastes and all packed into about 6 weeks!

ystem we use with regard to selling coupons at the Club.  
n the day of sale, and into more varied and flexible  
(available in B150 books) should certainly help with the  
rs who obtained coupons during a legitimate visit to the  
to the Club simply to spend their unused coupons. Also  
casual users, such as those people who attend functions,  
use of the F & B facilities. At least that is the intention!

imes in Lords! Thanks to Allied Walker lunchtime working  
er will get a glass of free house wine or a Steinlager beer  
ns for making the Club your lunchtime venue!

**The British Club Members, Management and Staff  
wish to extend their deepest regrets and sympathy  
to the Mogensen family on the tragic loss  
of their daughter and sister.**

# New Members

*Oops ... my mind must have resigned before my body. Because when an overheated David Viccars telephoned my house to tell me exactly how many New Members there were on 7 August, I was sunning myself by the seaside. Sorry about that New Members, I totally forgot about you. Not so bad though, I believe this was a first! Anyway into the breach jumped Gaynor de Wit, a bit of practice for when she starts writing up these new members pages regularly. Thanks very much to her you still have an introduction to all these nice new people!*



Christopher Alley is a previous visitor to Thailand and his father is Michael Alley, a long time member of the BC. Chris has decided to set up his own company (Promanser) in the field of personnel placement for the textile industry in the region. He is single and has already taken up tennis after a 5 year lay off, and has asked the rest of the section to be patient with him.

Nicholas Bellamy, a well-travelled young man who has previously worked in London, Singapore, Hong Kong, Guatemala, Kuala Lumpur and .. Um, Southampton before reaching Bangkok. An "advisor" (so his work permit says) at Coopers and Lybrand, Nicholas is single and looking. He has been here for seven months and has only just joined because his colleagues are fed up with buying him lunch. He is related to the famous botanist David Bellamy, but rumours of a personal cacti collection are unfounded.



George Addy is a chartered loss adjuster with Cunningham International. George has been here for only 5 weeks and has already been indoctrinated into a curry Club. His wife Tracey and two daughters Nicola and Danielle, 8 and 4 years resp., are due to arrive later this year. Bradford-born, this is the first overseas posting for George, who hopes to continue playing soccer, squash and working out in the gym.

Andrew Bentley took five years making up his mind whether to join the Club - a self-confessed slow thinker. What eventually prompted his application was his status as one third of the victorious Nana Knights team, this year's bar quiz champions. He is married to Kim with a 21 year old son Jonathan, both of whom still live in Minneapolis. Andrew's hobbies consist of golf, golf, drinking and golf.





# New Members

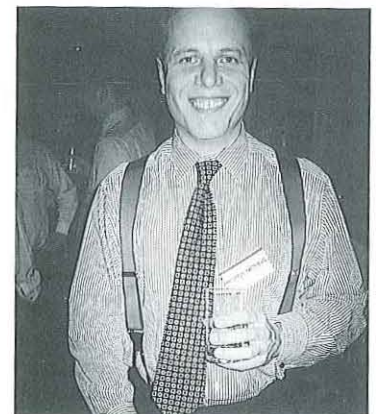
Vorathep and Napa Siripornthanakul (sorry no picture). Vorathep works with Sierra, a company retailing and exporting set jewelry. The couple have three children, Wallapa and Natalie are at school in Convent and 4 year old Tarit will follow soon. Vorathep swims and plays tennis and badminton and Napa enjoys swimming but finds that the children have become her full time hobby.

Caroline Hancock has been here for 3 months and has already been scuba diving off Koh Samui and hopes to continue her other UK hobby of horse riding soon. She is a partner in a company setting up an interior and graphic design agency. Caroline is single but her long-time friend and proposer Ramsey tells me she has high standards.



David and Carolyn Wignall have been in Thailand for just over seven months. David has been working at BMT Asia designing ports, harbours and ships. They only moved the Club when he moved nearer in from Chaeng Wattana just 2 weeks ago. Carolyn is a teacher although she intends to stay at home now and look after Mark, Richenda and Lucy their pre-school brood. David is a cricket buff, promises to frequent the bar and would like to get involved in Shakespearean Theatre. Carolyn enjoys painting and wants to join in the singing and dancing side of amateur dramatics. BCT please note!

Simon Matthews has been in Thailand and despite of this is still nicknamed "the apprentice" at work because of his inability to drink into the early hours and still make it to his desk by 8.30am, unlike his colleagues Paul Turner and Jim Howard. He works for SGS manpower supply arm and adores the food and people in Thailand. Simon plays squash and is proud to be eligible for the 'senior' rugby squad - he is 37, single and later described himself in the bar as 'cheap - but available'.



# New Members

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Ron and Brenda Kenyon are Lancashire born and bred and have 3 sons aged 21, 26 and 31 all based in Britain. Ron has been visiting Thailand on a monthly basis for 18 months but Brenda joined him when he started working full time 4 months ago. Ron likes choral and light classical music. Brenda enjoys gardening (though cannot envisage herself doing it here), reading and theatre. Both of them were involved in the Abbeyfield Homes for the Elderly Society in Britain and would like to do something similar here.

Julian and Suntree Jones. Julian is the new member but was away on business in Singapore, he was ably represented by his charming wife Suntree who is also his secretary at Chronos Richardson, a company making packing machines. Suntree plays badminton but she says Julian plays no sport at all. They expect to be here for a long time.



Donald and Berendina (Bea) Howde. Yes, another one has arrived - Donald is a traffic engineer! Consulting for MVA Asia on the traffic gridlock for three months already, he has learnt not to tell people what he does. Donald and Bea are from Australia and they have three mature children still living there. Both have joined the BCT. Don also likes tennis and tap dancing while Bea admits to being a "bad tennis player". Before Bangkok they were in Botswana, Bangladesh and the Philippines. Donald has described the Club as "A small place of insanity to escape from the relative sanity of Bangkok" .... eh?

Michael and Gina Callan (sorry no photographs). As an officer in the Australian Army, Michael was learning Thai for 15 months before being stationed here, which puts him at near fluent. Gina had only had 3 months tuition, but it is a head start. Michael will be working at the Thai military college. Gina is a nurse and seeks a part-time position. They have 2 children, William 2 and Alexander 6, who will attend Patana School. Michael and Gina play any social sports, but Michael particularly enjoys soccer and basketball and Gina squash and swimming, she is planning to join the BCT. Michael has previously worked in Iran, Malaysia, Hawaii and Europe. Gina is a self-confessed "computer-retard" and intends to get in a lot of shopping.

# New Members

Brian and Samaporn Sheehan. Although Brian has been visiting Thailand for over 10 years, he only moved here permanently 2 weeks ago and hopes to stay forever. He is a Professor of Management and Administration at NIDA. He met Sam, an agricultural scientist, now working at the Dept. Of Agriculture, when she was studying in Australia. They were married in Bangkok in February this year. Brian likes tennis and golf but considers himself too old for cricket, he likes classical music and has been involved with the boy scouts - toggle and all - for many years. Sam likes reading and cooking (lucky for Brian) and is a beginner tennis player.

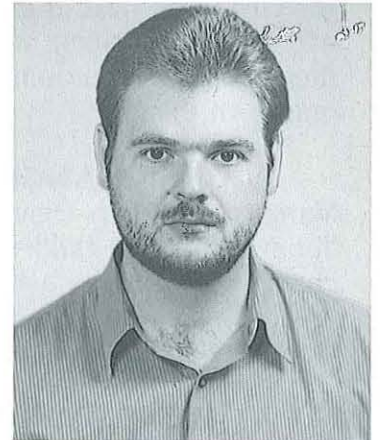


John and Kongkes (Nong) Cifor both work at Deloitte Tomatsu accountants and have been here little over a year. John met Nong in Michigan in the same company and they managed a joint transfer out here. They now have two children, Jarun and Kamin, both at Thai school. John plays squash and golf, although he has not opened his bag of clubs after one year. Nong collects stamps, Leo and toys (for herself, not for the kids) and reads. They were previously in Taipei, Manila and Singapore and describe Bangkok as "a place of extremes".

Michael Prinz is the executive pastry chef at the Paulaner Brauhaus. Michael is Austrian with an Australian passport and recently moved to Bangkok from Chiang Mai. His Indonesian wife and him have a 4 month old baby. Michael is a very keen squash player, a five time a weeker and describes his standard as about the same as



Colin Hastings.



Kieran Calder works for Shroder Securities, he is a single Canadian lad and describes himself as an "unfit squash player" who, like Michael Prinz, hopes to pick up the game again now that he is a member here.

# Management News

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## **EVEN MORE BENEFITS FROM LUNCHING IN LORDS IN THE WEEK!**

Through the good offers of Allied Walker Distributors there are now even more benefits to be had in lunching at Lords on working days in September. Not only is the new menu proving to be a great success (for example we had more dinners in Lords in July than ever before) but each dinner will now be offered a free glass of house wine or Steinlager beer at lunchtime in the working week! Book your tables early as this offer should prove highly popular!

## **LOSS OF PROPERTY**

Very sadly we seem to be having another surge of property loss at the Club. It is so hard to do anything about this but please do take care of your belongings and if, when you get home, you discover something which does not belong to you just hand it to the GM when next at the Club. It is all too easy to 'sweep' things up when leaving and then find items you do not recognize in with ones own things!

## **LADIES CHANGING ROOMS**

Various members have raised concerns about quite old children using the ladies changing rooms as a hide and seek play area. Please encourage the children to respect the privacy of the changing facilities.

## **MEMBERSHIP CARDS**

During the Summer months many members give their membership cards to house guests to allow them to buy items at the Club on the members account, after the guests have paid the requisite temporary membership fee of course. The staff are sometimes perplexed when this occurs as the photograph on the membership card bears no resemblance to the person with the card, this obviously raises questions in their minds such as theft and the validity of the card holder to even be at the Club. Some members telephone the GM when they have lent their card to a guest and this is very helpful as the GM can then alert the

staff and they will know that the bearer has every right to be using the card. The moral of the story therefore is that if you do lend your cards to others then please let the GM know.

## **THE 'OUTPOST'**

The Committee have decided to award the contract for the continued production of 'Outpost' and the Club Year Book to a group led by Mr David Blowers and Mr Jonah Foran, Gaynor de Witt will be the editor. All of these people are members of the Club and this was probably the deciding factor in the Committee's decision to award this group - The Creative Partnership (TCP) - the deal over the other equally attractive offers. TCP will produce the magazine at no cost to the Club, the only expense for the Club to bear will be postage. The Club will get a share of the proceeds from the annual Year Book. As this is Bea Grunwell's last 'Outpost' (at least for the time being!) a big thank you to her for all her hard work in handling the Club magazine for the last few years.

## **MEMBERS ACCOUNTANT**

Sadly the members accountant Khun Suwane found the job to be too much for her and resigned from the Club in mid August. She has been replaced by a new recruit Khun Varee.

## **SATELLITE TV AT THE BRITISH CLUB - WHATEVER NEXT!**

We now have a new satellite TV system which seems to be able to pick up signals from almost anywhere in the known world! We can now pick up TV from Australia and all around Asia, all the rooms in the Club are wired to be able to take the TV sets so just call the Club to make a booking for your favorite sporting event, soap opera or whatever.

# Management News

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## FORTHCOMING EVENTS AT THE CLUB IN SEPTEMBER

Now that the holidays are over there are bags of events at the Club planned for the month of September! Sign up at Reception.

### FLOODLIT CROQUET TOURNAMENT - FRIDAY 8 SEPTEMBER

On the front lawn  
7.00 p.m. start  
Teams of 4  
B100 per person

### CHILDRENS SPORTS DAY - SUNDAY 10 SEPTEMBER

On the back lawn  
2.00 p.m. start  
All the usual fun and games  
B100 per child  
Snacks and drinks provided

### LAST NIGHT OF THE PROMS - FRIDAY 15 SEPTEMBER

On the back lawn  
7.30 p.m.  
"Glyndebourne" style!  
B350 per person  
Buffet supper

### FREE WHISKY AT THE ALLIED WALKER WHISKY TASTING! SATURDAY 23 SEPTEMBER

Surawong Room  
7.30 p.m.  
Free whisky including various fine malts  
Mr Hector MacLennan from Scotland as the MC  
B130 per person (for the food!)

### INTER SECTION SPORTS DAY - SUNDAY 1 OCTOBER

All around the Club  
9.00 a.m start, all day event  
B1500 per team

### EXTRAORDINARY GENERAL MEETING - TUESDAY 10 OCTOBER

Surawong Room  
7.30 p.m.  
Free entry!



# Aerobics

**NEW SCHEDULE STARTS ON  
MONDAY 4 SEPTEMBER**

**2.00PM MONDAY  
9.30AM WEDNESDAY  
7.00 PM THURSDAY  
9.30AM SATURDAY**

All in the Surawong Room  
All very welcome

Sign up in the Fitness Centre

Please note that from 1st September the price for  
Aerobics Tickets will  
be increased to Baht 600 per book



## ROLL UP FOR THE BRITISH CLUB BADMINTON OPEN CHAMPIONSHIPS



Three of our young hopefuls for the Champs - Roy, Stephen (with no strings) and Katy

This month we will be taking entries for the first ever British Club Badminton Open Championship Tournament, so please give us your name and the categories of competition you wish to enter to any of the following Committee members; Gaynor, Wanna, Barry, Chris Gething.

We expect the tournament to start sometime towards the end of September, once everyone is back from holidays, and to continue until the end of November. We would really like to see some of the erstwhile players entering this inaugural competition as well as all those of you who have often thought about coming to join us and haven't known where to go or who to approach.

For further information please call Gaynor on 237 4031 (leave a message if I'm not there) or see the notice on the board (corridor alongside the bar).

Following a few quiet months on the courts due to people being away or lured onto the links by those golfing heroes on telly, we're hoping to see attendances pick up sharply by the end of August to ensure a decent momentum to kick off the championships. We are intending to announce the draw after a Round Robin during the last regular Sunday session in September. Be there and join the fun!

Lotsaluv  
Lek Farang

# Tennis



Left to right: Roger Fitzgerald, James Young, Linda Young, Vanessa Barrington-Johnson, Joy Masood, Megan McBain, Bernie Adams, Carol Young

## BANGKOK INTERCLUB MIXED DOUBLES TOURNAMENT

On the 23/24th June the cream of Bangkok's tennis players gathered at Thana City for the inaugural Interclub tournament. So why would the British Club be invited I hear you ask - well the competition was put together in less than a fortnight by the B.C.'s own Surin Dunnvatanachit, so we had to be invited! This was a weekend event with the round robin matches on Saturday and play offs on Sunday.

Organising a team of a minimum of 5 men and 5 ladies is difficult at the best of times, but we were aware that the opposition would be tough as the rules only allowed for "two national team players" in any side. This of course caused a dilemma for the B.C.! It was decided to select 10 players to play on both days as Thana City is a long way to travel just to watch. Despite last minute adjustments to the side we started with 10 players at 8am on Saturday morning along with the teams from the Royal Air Force, Peninsular Plaza, the Japanese Associates, Bangkok Bank, Krung Thai Bank, the Polo Club 1, Polo Club 2 (alias R.B.S.C.)

The format allowed for a combined age in five ranges: 60+, 70+, 80+, 90+ and 100+. It transpired our opponents had full squads of 230 and changed their teams depending on the merit of the opposition. With typical Thai reverence to age, Bruce Gordon and Chalutip Dunnvatanachit (100+) opened with a tight fought win against the Royal Air Force, which set the standard. The only reverse suffered by Roger Fitzgerald and Joy Masood we surprised ourselves with a 4-1 victory.

Next we came up against a scratch side called Peninsular Plaza. Marc Hagelauer and Carol Aspden (60+) and Bernie Adams and Megan McBain both managed to take 5 games but otherwise were soundly thrashed, 5-0! A touch of reality as we were due to end the day playing the favourites, Polo 2. Expecting the



Carol and Roger - the young ones!!!





Bruce Gordon with a winning smile?!

he was told he was in no condition to play on Sunday. Surin the tournament referee, was persuaded to play and he teamed up with Chalati in the 90+ section with Roger dropping down to the 60+ group. Roger claims he didn't need a partner to qualify in this sector.

Sunday dawned and we squared up to the Japanese for the right to play off for 5th, 6th place. A magnificent team performance resulted in a 5-0 victory. Feeling confident we next faced the Royal Thai Air Force again. However, there was a lot of military pride at stake and with a few major changes in personnel the BC went down 3-2, to end the tourney in 6th place.

Incidentally, it was no surprise to see the final contested between Polo 2, with their ex-Davis Cup and world ranked seniors, and Peninsular Plaza, who had white washed us the previous day. Polo 2 won handsomely by 4-1 to lift the trophy in the first of what we all hope will be a regular annual event.

James Young

## **BRITISH CLUB VERSUS KRUNG THAI BANK SUNDAY 16TH JULY 1995**

The British Club team played sufficiently below their best to ensure that loans on favourable interest terms should be readily available for Club members for the foreseeable future. The overall score was 23 to 7 in favour of the Bank, but there was some good tennis, some close matches and an impressive display by a strong Bank team. Honours on the British Club side must go to Bernie Adams who won both his mens doubles matches (with James Young as his partner) as well as his mixed doubles match with Phyl Xumsai. The other winning partnerships were Phyl Xumsai with Janet Vivian, Roger Fitzgerald with Grace Haube, Surin Dunnvatanachit with Roger Fitzgerald, and Marc Hagelauer with Janet Vivian. The morning concluded with an excellent buffet on the front lawn, the traditional exchange of trophies and the even more traditional photograph in front of the Clubhouse.

Maurice Lamb

worst, we started with the 60+ and 70+ games. James Young and Vanessa Barrington-Johnson managed to win the opening match to give the BC a surprise lead. Meanwhile Marc and Carol were taking their opponents to a tie-break, and we sensed a hint of an upset. Unfortunately, that was as close as we got. The tie-break went against us and we only managed a single game in the last three games, so a 4-1 defeat. My thanks to Linda Young, who stepped in at short notice to substitute for Chalati.

BC ended the first day in third place in our League, which meant while we couldn't challenge for the title, we had achieved a degree of respectability. Overnight there was more drama. Marc, who was playing with an injured shoulder, had gone to the hospital where



# Tennis

## JUNIOR ROUND ROBIN SUNDAY JULY 2ND

Our last round robin before the long holiday attracted 8 juniors. This time the adults were on court only as adjudicators. The players kept the score themselves and we were pleased to have to intervene only on a few occasions. The level of sportsmanship was high and the hormonal slouch not in evidence!

Congratulations to Alex Stamp as winner and to Lachlan McBain the runner up.

Participants were Alex and Paul Stamp, Lachlan McBain, David Lindsay, Murray Jewell, Chris Reed (bye Chris), Ryan McNeilly and Courtney Williams. At least 3 of these had late night parties, or mid-night trips to the airport and played really well despite needing match sticks for the eyes.



## NEXT JUNIOR EVENT SUNDAY 8TH SEPTEMBER AT 0800

Our thanks as always to the adults, Moira and Peter McNeilly, Joan Jewell, Laura Stamp, Pam Reed, Noel Williams. Also this morning we had unofficial, but extremely effective ball boys, Simon Hill and Alex Scobie - thank you!

### OTHER NEWS

We had to say farewell to two members of the tennis section in July. Sue Hindley on Thursday, 14th July and Marie-Jose and Malcolm Moore and children Raphael and Alexander on Wednesday 26th July. On Sunday 9th July Sue joined in her last mix-in which was interrupted by a storm which gave ample time for celebration. By the time the rain had stopped and the courts were swept dry a few bottles of wine and beer had been consumed. Nevertheless play started again with eight players with double vision. No one has a clue who beat who or who lost to who, but we do remember saying cheerio to Sue!

Marie-Jose and Malcolm Moore, Raphael and Alexander were going to have a quiet meal with friends on Saturday 22nd July, however the few increased and increased until 30 sat down for dinner in Lords restaurant with only a few hours notice to David Viccars. But no problem - the new Lord's menu was given a good tasting by this ever growing party and - this isn't an ad by the way - the food was delicious!

Jaree Lee, our new Ladder and League Co-ordinator has been extremely busy and has already (by the time this report was written on 20th July) produced the Singles League for August/September so take advantage of this early start to get all your games played. And while you're looking up your opponents telephone numbers on the league table, take time to notice how smart the notice board is looking thanks to Joy Masood, our committee secretary.

Rita Dunford



**CHRISTIANI & NIELSEN**

**To celebrate their 65th Anniversary in Thailand  
Christiani & Nielsen sponsor the  
September Squash League**

**"THE NEW OUTPOST"**

**REGULAR CONTRIBUTORS AND LETTER WRITERS  
PLEASE MAKE SURE  
ALL YOUR COPY IS RECEIVED BY  
DAVID VICCARS AT THE BRITISH CLUB  
ON OR BEFORE  
10TH OF EACH MONTH**

# Soccer

As the close season approaches its end preparation for the new league season have already begun. First Team Captain "El Greg" Watkins has been brandishing his cheque book in the transfer market to boost his squad. Following the likes of Bruce Rioch and Frank Clark, Greg has been exploiting the weakness of the Lira to attract Italian stars to the BC. Having taken a football holiday in July to escape from the pressure, Greg was seen at times being plucked out of establishments such as the Churchill Bar, Jools Bar and similar places to conduct high level negotiations with top stars. Pre-season training begins in earnest in August with a new lean, less fit older squad. "What they lack in fitness they make up for in age and experience, Jimmy" quipped Greg, "but their post match performances in the bar improve each season without fail.



In the close season the burden of responsibility for football matches has fallen on the shoulders of new Casuals Captain Alan May.

Alan is following in the impressive footsteps of ex Captain Norman Bright and whilst continuing the tradition of "cuddly captains" has brought new energy and zeal to the Casuals which all have appreciated. Football in the summer months has been very enjoyable with a good balance between fun and commitment. Well done Alan.

Casuals games have at times been excellent and at other times casual. Appearances from first team players have been spasmodic whilst a number of new faces have appeared on the park. Paul Gambles continues to lead both the "best first touch" and most yellow card competitions whilst Paul Greenhalgh has led the field in injuries with three broken toenails and two headaches.



Greg Watkins is definitely putting on weight - rumours are he is expecting. New Vice Captain Chris Davin is clearly showing down whilst ex Vice Captain Peter Hockley has developed shoulder trouble as a result of carrying an overweight bag. Terry Grogan has been asked to shave his beard so as not to frighten the horses and Thai referees. Tony Green has fallen in love and seems to have lost the ability to score on the pitch. Adam Caro has recovered from his knee injury and is scoring freely.

Marc Hagelauer has disappeared - rumours are that he is working during the day now but his body can't cope. Vaughan Elias seems to be having trouble with his chairman's muscle, whilst Norman Bright seems to be having a recurrence of an old war wound. Alex Forbes has suggested Scottish Country Dance lessons should be substituted for Thursday night training but so far only Stuart Edwards and

Peter Downs have volunteered.

Keith Dougall is probably the only first team player showing good close season form whilst occasional appearances by Nigel Oakins have impressed.

Steve Golsby and Bill Randall continue to bruise and abuse opposing forwards whilst Frank Hough



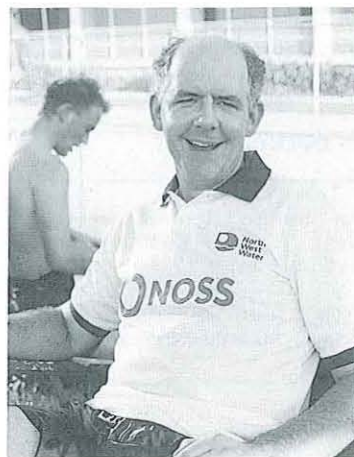
does the same to opposing defenders in between scoring goals. Charlie Kitson is rapidly becoming a modern day overweight Robin Hood robbing our defence to feed their midfield.

Christian Parker continues to show accomplishment and style - we hope he will shortly manage this on the field of play also. We welcome Andy "Chopper"







Spiers and Dave "the Eagle" Proctor to the Casuals squad and wish them many happy late tackles.

The usual sense of bored indifference to pre-season training other than post match refreshment is evident as in past seasons. Tours have been arranged to Chiang Mai and Manila whilst the Farang League kicks off in September. Highlight in November looks to be the Football Club Guy Fawkes night where ex-chairman Ron Aston has kindly agreed to return as guest of honour for the evening.



# CALENDAR BRITISH CLUB SPORTS AND ENTERTAINMENT CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
8-10am Ladies Tennis 8am BWG Mahjong 6-8pm Squash Coaching 7-9pm Badminton 7-9pm Tennis Team Training 2pm Aerobics 7.30pm New Members Night	7am Ladies Golf 8-11pm Friendly Bridge 7-9pm Rugby Training 9pm Gentlemen's Spoof	6-8am Early Bird Tennis Mix In 9.30am Aerobics 5-8pm Squash Coaching 6-9pm Tennis Mix In	10-12noon Ladies Squash 7-9pm Rugby training Soi 15 7-9pm Badminton 6-9pm Squash Mix In 7-9pm Soccer Training 7pm Aerobics
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
8-10am Ladies Tennis 8am BWG Mahjong 6-8pm Squash Coaching 7-9pm Badminton 7-9pm Tennis Team Training 2pm Aerobics	7am Ladies Golf 8-11pm Friendly Bridge 7-9pm Rugby Training 9pm Gentlemen's Spoof	6-8am Early Bird Tennis Mix In 9.30am Aerobics 5-8pm Squash Coaching 6-9pm Tennis Mix In	10-12noon Ladies Squash 7-9pm Rugby training Soi 15 7-9pm Badminton 6-9pm Squash Mix In 7-9pm Soccer Training 7pm Aerobics
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
8-10am Ladies Tennis 8am BWG Mahjong 6-8pm Squash Coaching 7-9pm Badminton 7-9pm Tennis Team Training 2pm Aerobics	7am Ladies Golf 8-11pm Friendly Bridge 7-9pm Rugby Training 9pm Gentlemen's Spoof	6-8am Early Bird Tennis Mix In 9.30am Aerobics 5-8pm Squash Coaching 6-9pm Tennis Mix In	10-12noon Ladies Squash 7-9pm Rugby training Soi 15 7-9pm Badminton 6-9pm Squash Mix In 7-9pm Soccer Training 7pm Aerobics
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
8-10am Ladies Tennis 8am BWG Mahjong 6-8pm Squash Coaching 7-9pm Badminton 7-9pm Tennis Team Training	7am Ladies Golf 8-11pm Friendly Bridge 7-9pm Rugby Training 9pm Gentlemen's Spoof	6-8am Early Bird Tennis Mix In 9.30am Aerobics 5-8pm Squash Coaching 6-9pm Tennis Mix In	10-12noon Ladies Squash 7-9pm Rugby training Soi 15 7-9pm Badminton 6-9pm Squash Mix In 7-9pm Soccer Training 7pm Aerobics
<b>OPENING TIMES</b>	<b>VENUES</b> <b>ALL EVENTS AT BC EXCEPT</b>	<b>SPORTS</b> <b>Contact the following</b>	<b>DONT FORGET</b>
10am - 11pm Churchill Bar 11.30am - 2pm Lords Restaurant Lunch 6-10pm Lords Restaurant Dinner 7.30am - 10pm Poolside Bar 6am - 9pm Fitness Centre Mon/Sat 9am - 9pm Fitness Centre Sun/Hols 9am - 5pm Thai Massage Tues/Sun	Casuals Football - Bkk Patana, NIST and as advertised Badminton Sundays Nr Bangrak Police Station Golf - as advertised Rugby - as advertised	Badminton Gaynor de Wit 237 4031 Cricket Peter Young 679 7644 Golf Paul Nears 254 1342/3 Rugby Joe Grunwell 262 0220 Squash David Turner 279 1234 Soccer Peter Rodgers 240 0678 Tennis John Kelly 264 2100  <b>NON BC SPORTS</b> Ladies Golf BCLG Wil Agerbeek 259 7019 Ladies Golf LIGIT Eileen Cook 287 3605 Hockey Lois Carson 258 5295	To book a table at Lords Restaurant for a delicious meal  Take your children for a swim  Propose a New Member  Junior Tennis Competition  Start of Badminton Open Champs

## September 1995

September 1995		
FRIDAY	SATURDAY	SUNDAY
1	2	3
4-9pm Sporthatlon Tennis Coaching 7pm JVK Lucky Draw 8pm Junior Tennis	8-11am Tennis Coaching 4.30pm Casuals Soccer 9.30am Aerobics	11am - 1pm Badminton Round Robin 5-7pm Children's Video 8am Tennis Tournament
8	9	10
4-9pm Sporthatlon Tennis Coaching 7pm JVK Lucky Draw 8pm Junior Tennis  Floodlit Croquet Tournament	8-11am Tennis Coaching 4.30pm Casuals Soccer 9.30am Aerobics	11am - 1pm Badminton Round Robin 5-7pm Children's Video 8am Tennis Tournament  2pm Childrens Sports Day
15	16	17
4-9pm Sporthatlon Tennis Coaching 7pm JVK Lucky Draw  7.30pm Last Night of the Proms	8-11am Tennis Coaching 4.30pm Casuals Soccer 9.30am Aerobics	11am - 1pm Badminton Round Robin 5-7pm Children's Video 8am Tennis Tournament 4pm Rugby BC v RBSC
22	23	24
4-9pm Sporthatlon Tennis Coaching 7pm JVK Lucky Draw	8-11am Tennis Coaching 4.30pm Casuals Soccer 9.30am Aerobics  7.30pm Allied Walker Whisky Tasting  Hat Yai Rugby 7's	11am - 1pm Badminton Round Robin 5-7pm Children's Video 8am Tennis Tournament  Hat Yai Rugby 7's
29	30	
4-9pm Sporthatlon Tennis Coaching 7pm JVK Lucky Draw	8-11am Tennis Coaching 4.30pm Casuals Soccer 9.30am Aerobics	
CHILDREN'S SPORTS ACTIVITIES		
Tennis Coaching Friday Evening & Saturday Morning  Swimming Coaching Saturday Morning  Sign up at the Fitness Centre  1 October Inter Section Sports Day  10 October E.G.M	AEROBICS NEW SCHEDULE  Monday 2.00pm Wednesday 9.30am Thursday 7.00pm Saturday 9.30am	



# Letter from the Treasurer

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The General Committee has asked me to outline the financial circumstances of the Club at this time, to enable all Members to be aware of the direction that the General Committee is taking.

At the end of July, (this advice being written in August), the Club has a very strong Balance Sheet, no long term debt, no bank overdraft or other short term borrowing, and all commitments are being met on time - a very enviable position, in my view. I do not envisage this position changing markedly in the immediate future.

General Committee has adopted a policy of, basically, not spending any money before it has it in hand. I strongly encourage and support this position, given that our future income is not guaranteed, and anything could happen to our future trading income (F & B) and new Membership numbers. Both items are going to be influenced by the biggest problem of living in Bangkok - the traffic. I have yet to meet a person who believes that the situation will improve in the short to medium term!

For many, many years the normal operations of the Club have needed to be subsidised by the entrance fees paid by new members. This continues to be the case in 1995.

It is my view, that the Club requires a standing Membership of 1100 Member instead of the 850 that has been virtually constant for some years. At this level, the services that are currently provided can be sustained without relying on cash flow from a turnover of new for old Members. A new Membership drive has just been launched, and additional new Membership initiatives will be presented to the next Extraordinary General Meeting, for Membership approval. All matters reflect positive steps to obtain a healthy Membership level.

The Club is in excellent physical condition, with some reports from long standing Members, " ... the best the Club has ever been in ...". Services have been maintained, or improved, to a level that I believe most Members are comfortable with. This does not happen by accident.

Over the last two years, I have observed the General Committee thoroughly examining all areas of expenses, reducing investments in stocks, debtors etc, and thereby releasing cash to be used for other purposes. A ceiling has been placed on staff numbers, and all salary reviews are thoroughly vetted and increases minimised, with the aim of rewarding those staff deserving of increases, and discouraging those that should no longer be associated with the Club.

Club expenses are carefully scrutinised, and all repairs are dealt with on the most cost effective basis available at that time. Capital Expenditure is curtailed until the funds are in hand to pay for the expenditure.

**General Committee is trying to avoid any Membership subscription increases, and wishes to maintain existing F & B prices, if they cannot be actually reduced.**



# Letter from the Treasurer

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The reason why I mention the above, is that there have been some basic issues that the General Committee has had to address - i.e. total operating income has increased (at this stage) by 1.9% over last year, and total expenses have increased by 14.3 %. New Members entrance fees are down 16.5% on last year. **Our cash flow position has therefore reduced quite significantly.**

Our largest expense by far is salary cost (which exceed subscription income). And this has increased by 19.7% in real terms to date over last year, including and overall July non management salary increase approved at 8.3%. During late 1994, we took another expat on board, and this makes for a significant increase in this expense during 1995. Based on feedback given to General Committee, evidenced in the suggestion books etc. the appointment of the Food & Beverage Manager was well overdue.

Other expenses have increased overall by 3.6% at this time, in a period when actual increases of around 9% in individual items is not uncommon.

The current situation was forewarned in detail at the last Annual General Meeting, has been on notice for some time, and the General Committee last year, and this year, has implemented positive steps to address the issues.

I will still continue to support the proposal that money is not spent until cash is in hand, or with some certainty, will be shortly be to hand. This will mean that some matters be deferred and capital expenditure purchases be implemented on a priority basis. Items deferred to date include the introduction of a computerised point of sale system, alterations to the Lords dining room, and the purchase of other smaller items that would be desirable, but will not progress until the cash position allows their purchase. None of the matters concern health or safety factors, and therefore can be safely deferred.

Des Keane  
Vice Chairman and Treasurer

# Letter to the Editor

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July 18, 1995

I would like to give Mrs. Grunwell special thanks for her dedication and the incredible efforts she has put in the Outpost all this time, allowing the members to be up to date with what's happening at the Club and to see their happy smiles in the pictures.

Even though Mrs. Grunwell has a family to care for, her own business and personal life, she has dedicated many hours to the editing of the Outpost maintaining a good humour and a great attitude towards life in the "City of Angels". Congratulations for a job well done.

Regarding Mr. Reid's letter about the male staff at the bar, I agree with him that there are one or two male attendants there who are not very polite, but I think that it stems from their basic ignorance and lack of proper training more than from their desire to be actually rude. Although they deserve just consideration, it is true that it is pleasant to have polite service at the bar and it would be nice if they could be taught some nicer manners. Regarding Mr. Reid's blatant sex discrimination and macho minded attitude about the workers abilities to offer proper service, it is regrettable that he didn't mention the other male staff at the bar, who have been working there for years and who are extremely polite and are very professional in their jobs. Thank you Mr. Viccars for stating that discrimination is not practiced when employing staff at the Club. I hope this practice continues to be true in the future.

Finally, I would like to mention that for the second time in two months, I have lost personal property at the Club. Firstly, a pair of imported sunglasses which I forgot and were returned by friends to the staff at the bar by the tennis court. He informed that they belonged to me but, after inquiring, nobody knew where they were.

And secondly, two days ago I left an Italian knit jacket in the ladies changing room and it disappeared in less than the three hours I was there. Considering that there were very few people at the Club at that time, and the fact that I never saw the jacket again, there is no room for doubt that the item was stolen.

Since nobody knows and nobody saw anything, there is nothing I can do about it, except to warn the members that there is someone partial to expensive clothes and also sports shoes, of which a few have also mysteriously disappeared. So, watch out for your belongings.

Graciela Haube  
H187

# Little Extras

**These** two garlicky cocktail concoctions are popular libations among our patrons. Now you can “shake ‘em up” at home!

## *Garlic Ramos Fizz*

*Serves 1*

### *Ingredients:*

3 sugar cubes  
1/2 oz. heavy cream  
1/2 oz. sweet & sour mix  
1 oz. orange juice  
1 dash garlic syrup  
1 dash soda water  
1 egg  
1 1/2 oz. gin

### *Preparation:*

1. Fill blender with ice.
2. Add all ingredients and blend.
3. Serve with orange slice.

## *Vampire Mary*

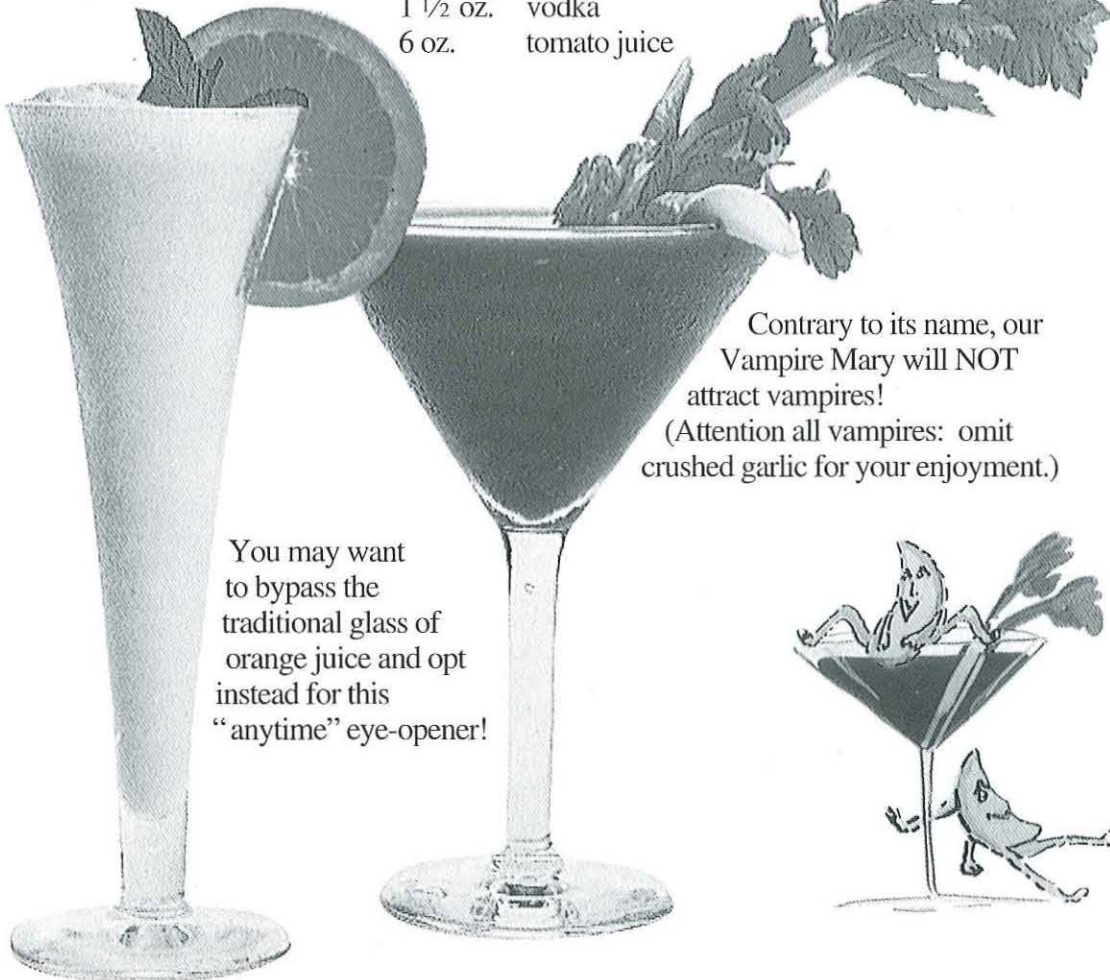
*Serves 1*

### *Ingredients:*

2 dashes red pepper sauce  
2 dashes bitters  
15 dashes Worcestershire sauce  
1/2 tsp. prepared horseradish  
1/4 tsp. finely chopped garlic  
15 dashes salt  
15 dashes pepper  
1/4 lime, juice squeezed  
1/4 lemon, juice squeezed  
1 1/2 oz. vodka  
6 oz. tomato juice

### *Preparation:*

1. Fill glass with ice.
2. Mix all ingredients and shake well.
3. Drink in the presence of a vampire.



You may want to bypass the traditional glass of orange juice and opt instead for this “anytime” eye-opener!

Contrary to its name, our Vampire Mary will NOT attract vampires!  
(Attention all vampires: omit crushed garlic for your enjoyment.)

# The road to Mandalay

We were a motley crew, Dr. Mrs. Jacqui, big Dave, M.R. Sally and me and for part of the way, we also had ex flower-power girl and now Nurse, Aussie Angela, with her three children.

Dr. Mrs. Jacqui is an American diplomat with a PhD in Scottish history and a deep yearning to be a Maid in Glasgow. She was based in Yangon where her house staff decided she must be "Mrs" as she is no longer a teenager but is unmarried. She organised the trip and was appointed "Queen Bee".

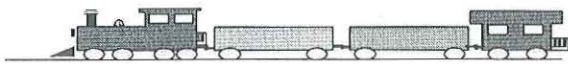
As Irish Sally has a Thai title and runs a successful Coffee Shop in Bangkok, we felt she could be trusted and made her Cashier. It took her some time to work out the unusual denomination banknotes, but she got there.

Big Dave is a 6'3" slow talking American of Scandinavian origin. He was appointed Entertainments Officer because he looked so serious. Boy, were we wrong! This man created waves wherever we stopped and I am sure they were flashing messages up the railway system to prepare for our arrival at each station. We were certainly met by crowds of people all wanting to join in the singing which Dave led from the door of our carriage, wearing his Burmese straw hat and his Sukhumvit baggy shorts. I had the only camera so I was made Media Officer.

In 7 days we travelled over 1700 kms round trip from Yangon to Mandalay and Myitkyina (Kachin State). We saw a blurred succession of paddy fields but, to my regret, we did not see Rudyard Kipling's "flying fishes play" but, then, neither did as he as he never went to Mandalay.

Our accommodation was a throwback to the time of the Raj as we had a three room luxury carriage (it can sleep 10 people). It has Bedroom, Sitting Room, Dining Room, Kitchen and a Shower and Lavatory.

To help us survive such rigours, we had three Burmese staff from Jacqui's house. Annie (Cook), Ay Ay (Maid and Liam (Helper). There was also the official Attendant from the Railways, who Sally named Rambo/ We loaded enough food and drink to feed an army (but we got through it) at Yangon Station. Coolbox ice was



replenished on the way.

We departed on time at 4pm and rattled our way North. I have visited Yangon frequently since 1981 but had never been on a train. You certainly get a different view from a rail car.

That night (and morning!) Angela helped us drink the many bottles of champagne she had brought and when she and her kids got off at Thazi at 4.30am, taking the photographs was not a happy experience! She met her

husband who had driven up from Yangon as they were going to see the caves in the Region.

Arrival at Mandalay was 8am and we had 10 hours before departure for Myitkyina. Time enough for a quick look at the City. The old Palace is closed for renovation after a fire but you can see the impressive moat they have constructed round the site.

Rambo had gone to meet a friend and was late in returning so we had to scramble round the tracks of Mandalay Station to find our locked carriage as it had been hitched to another train. To pass the time big Dave gave a solemn reading on the platform from his 1950's guidebook to Burma to an enthralled group of Burmese. This leg of the journey took 26 hours as the train goes slow. There is a hilly and vert scenic section but the terrain is mainly flat.

At one of the stops the Station Master wanted to throw us off the train until it was gently pointed out to him by Jacqui (with Rambo in the background as back-up) that Kachin State had been recently re-opened to foreigners. Also, we got big Dave to sing him a song.

There is nothing of real interest to see in Myitkyina but the streets are not crowded, traffic is light and it was pleasant just to stroll around. Also, as the residents of Myitkyina rarely see foreigners, we were definitely curiosity value. We stayed at the YMCA one night. It was clean and the beds are comfortable but power cuts are normal. The local Tae Kwan Do Club woke us at 5.30am as the Manager rents them the forecourt to practice. As we had to depart at 5am next day, we went back to our carriage for the second night. It had been unhitched again and was parked in splendid isolation in the sidings. The fans etc. still worked as it has storage batteries.

En-route we were told that the line to Yangon had just been re-opened after 2 days of floods. We got back OK after another 10 hour stop in Mandalay, where we went up Mandalay Hill, worth doing as you get a very good view of the City.

1996 is "Visit Myanmar" year and I think there could be a lot of people interested in unusual trips - this train journey is certainly that! Cost? For the trip we made, the carriage itself cost about US\$ 900 - total. I understand you can travel anywhere the trains go and the cost would depend on your route. How do you book? Queen Bee did all that for us in Yangon but I guess Bangkok travel agents could help.

Duncan Niven  
NI

# AUDITIONS

for

# ROBINSON CRUSOE

(A traditional English pantomime)

**WHAT:** Auditions for BCT's annual Christmas Pantomime (to be performed at The Siam City Hotel in December)

**WHEN:** Saturday and Sunday, September 16th and 17th  
2pm for 7-11 year olds and 3:30pm for adults and teenagers 12 and over.  
Monday, September 18th at 7:30 pm for adults and teenagers.

**WHERE:** The British Club, 189 Suriwong Road (or Silom Soi 18)

**WHO:** Anyone who is interested in performing or working backstage. Auditions are open to the general public. Singers should please bring an audition piece and interested actors can get a copy of the script in advance from Bonnie Zellerbach (286-2196) or Angela Mitchell (258-8495).

**WHY:** Because the Christmas panto is a wonderful opportunity to make new friends, entertain Bangkok's children and ham it up playing some wonderfully fiendish roles! For example:

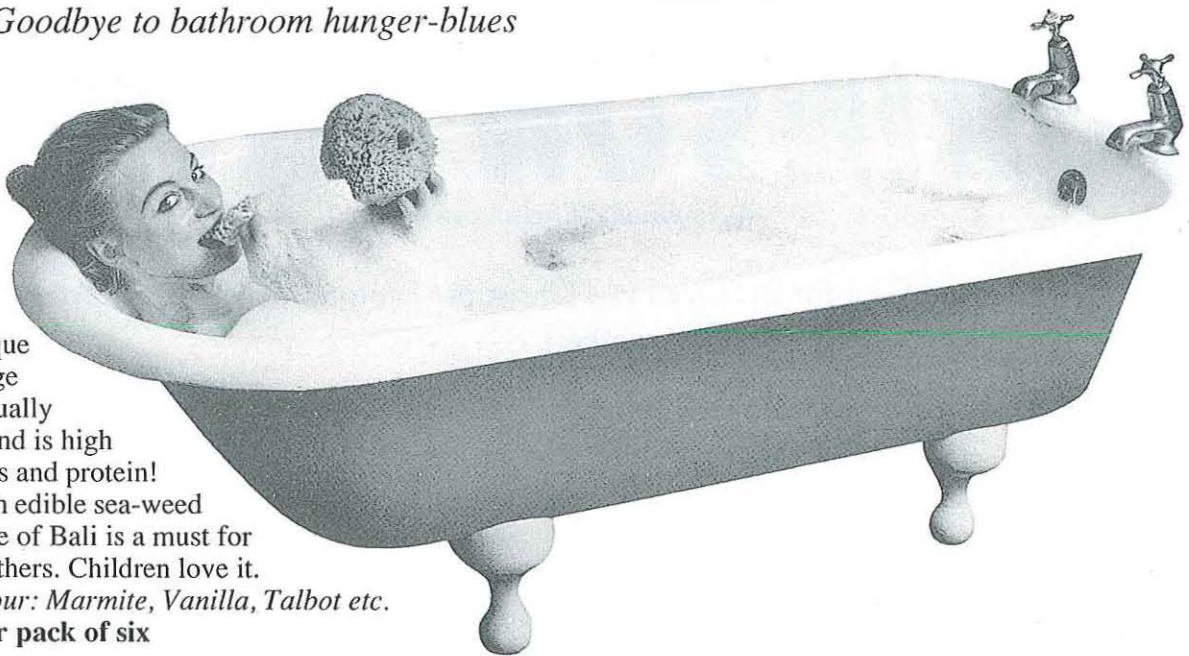
Robinson Crusoe	Principal Boy (m/f; singer)
Polly Perkins	Principal Girl (f; singer)
Captain Perkins	Breezy but not too brainy (m)
Mrs. Chrissie Crusoe	Comical Pantomime Dame (m)
Bill Barnacle & Ben Dover	Comedic shipmates (m/f)
Kenny Crusoe	Robinson's brother; happy-go-lucky (m)
Blackpatch the Pirate	Very wicked baddie (singer)
Jack Boot	Wicked crony of Blackpatch (m/f)
Wotta W., Cannibal Queen	Wicked/funny (Singer; m/f)
Old Jim	Ancient mariner (m/f)
Lord Nelson	2nd Principal Boy (m/f)
Demon Oylslick	Twisted and nasty (m/f)
Fairy	Cheerful and triumphant (f)
Man Friday	Extroverted native islander (m)
The Chorus	Male and female extroverts needed to play the crew, the cannibals and the villainous, swaggering pirates.

From the Pacific Hebrides!

## THE AMAZING SPONGE of BALI

★ Say Goodbye to bathroom hunger-blues

THIS unique bath sponge can be actually eaten — and is high in minerals and protein! Made from edible sea-weed the Sponge of Bali is a must for hungry bathers. Children love it. State flavour: Marmite, Vanilla, Talbot etc. £66.45 per pack of six

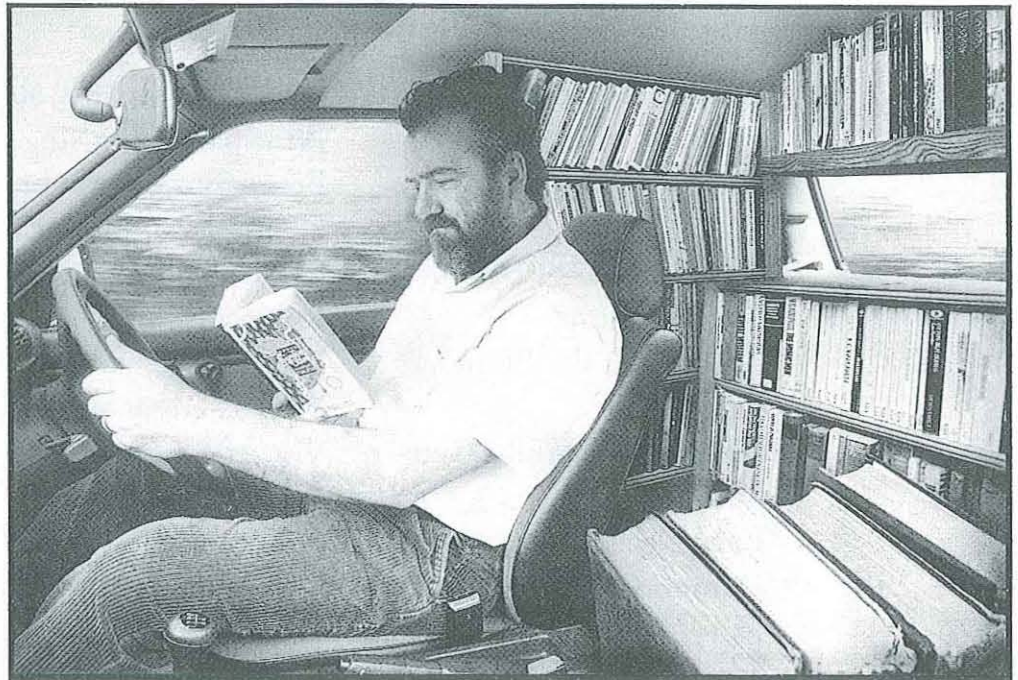


# NEW for MOTORISTS

No longer any need to leave those motoring books, manual and maps at home!!! With the "DRIVEAWAY CAR LIBRARY UNIT" you can provide shelf space for all your requirements, in tasteful pine-style Scanlon.



(£20 upwards)



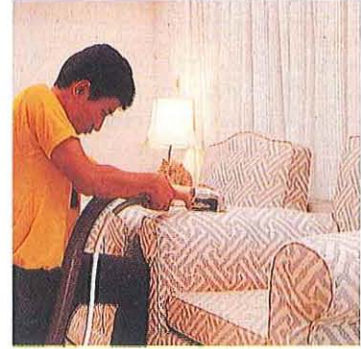
# Fully integrated services to meet the demands of all businesses



Security services



Carpet cleaning



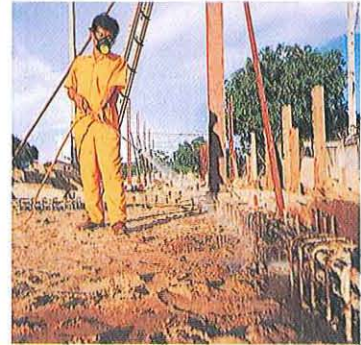
Upholstery care



Eradication of mosquitoes and other insects



Termite control in the house



and on construction sites



Cleaning offices



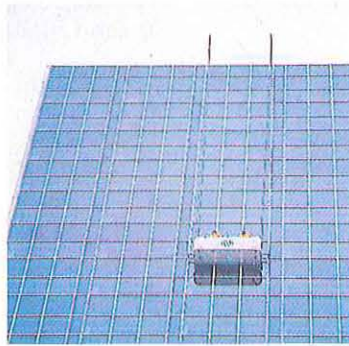
department stores



and factories



Interior and



Exterior window cleaning



With over 28 years experience

# Recipes

More recipes with garlic this month, just to keep you going. Remember garlic is supposed to be a powerful herb. In Cuba, people believe that thirteen cloves of garlic at the end of a cord, worn around the neck for thirteen days, was a safeguard against jaundice. On the thirteenth day the wearer must go to the corner of two streets, take off his necklace and fling it behind him, and run home without seeing what became of it. Roman soldiers and Greek Olympic athletes believed garlic consumption would produce strength and courage. Of course it gets rid of vampires, evil spirits, demons and misfortunes. It brought strength and stamina to the labourers who built the ancient Egyptian pyramids at Giza. Some notable Egyptians believed in its powers too. King Tut was buried with it. Chinese have used the herb for over 4,000 years. Earliest records show it was used as a food preservative. Large supplies of garlic are purchased each year by the townspeople of Bologna, Italy, who regard it as a symbol of plenty and a charm against poverty during the year. Original ancient recipes have proven it - Mesopotamians used garlic in cooking! Regarding it as peasant food, historically English gentlemen never ate garlic. Evil spirits were allegedly kept away from infants between birth and baptism if garlic was placed in the cradle during the Middle Ages. So, on to the cooking now.

## Braised Garlic Lamb Shanks

Serves 4

### Ingredients

- ½ cup Olive Oil
- 4 lamb shanks
- salt & pepper to taste
- 1 cup finely chopped carrots
- 1 cup finely chopped fennel or celery
- 1 cup finely chopped onions
- 2 cups peeled garlic cloves
- 4 sprigs fresh thyme or
- 2 tsp dried thyme
- 2 bay leaves
- 2 cups dry red wine
- 4 cups veal or beef stock

### Preparation

1. Heat olive oil in a skillet
2. Season the shanks with salt and pepper and brown on all sides
3. Place browned shanks in ovenproof casserole
4. Cover with carrots, fennel, onions, garlic and herbs
5. Add wine and stock and bring to a boil on stove
6. Cover and place in 350 degr. F oven
7. Check shanks after 3 hours. If tender remove from oven
8. Serve shanks with Garlic Mashed Potatoes. Cover with sauce and vegetables from the pan after skimming fat and top with Gremolata (see below)

## Gremolata

### Ingredients

- ½ cup chopped parsley
- 2 tbsp chopped fresh lemon peel
- 1 tbsp chopped fresh garlic

### Preparation

1. Mix all ingredients
2. Serve over lamb shanks

## Garlic Lamb Chili

Serves 7-8

### Ingredients

- 1 ½ lbs dices lamb shoulder
- 1 ½ diced pork shoulder
- 4 tbsp ground cumin
- 4 tbsp flour
- salt and pepper to taste
- ½ cup vegetable oil
- 2 medium chopped onions
- 2 tbsp fresh chopped garlic
- 2 chopped jalapeno peppers
- 1 cup garlic cloves
- 2 cups Pasilla Chili Paste (see below)
- 1 bunch chopped cilantro
- 12 oz dark beer
- 1 28oz can chopped tomatoes

### Preparation

1. Place meat in bowl, toss in cumin, flour, salt and pepper
2. In a large deep skillet heat the oil and brown the meat
3. Add the onion, chopped garlic and jalapeno peppers. Saute for 3 minutes
4. Add other ingredients, simmer for 1 ½ hrs
5. Skim fat from the top and serve.

## Pasilla Chili Paste

### Ingredients

- 10 Pasilla peppers
- ½ can Chipotle chiles

### Preparation

1. Place peppers in a saucepan and cover with water
2. Bring to a boil and cook until soft
3. Strain and save water
4. Transfer to a bowl. Add Chipotle chiles. Puree with a hand blender
5. Add saved water until a desired consistency is reached



The Australian - Thai Chamber of Commerce is putting on a live telecast on a giant 4 mtr x 6 mtr screen of the

## **AFL Grand Final on Saturday 30 September from 8am - 4pm**

Sheraton Royal Orchid Hotel

Tickets Baht 850 - including Buffet Breakfast, Champagne, beer, limited spirits, soft drinks and Aussie meat pies.

Doorprizes - raffles and a return ticket to Australia to be won.

If you are interested please contact the Australian Thai Chamber of Commerce - 210 0217/8 or Peter Young at Santa Fe - 679 7644

## **BRITISH CLUB RUGBY BALL**

**Saturday October 14th, 1995**

**Delta Grand Pacific**

**The Ball of the Year**

**Dress: Pink & Black if possible**

**Band, food, drinks, raffles, have a ball and book at the Club**

# Children's Corner

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## Environments in Danger

**All over the world people are pouring poisons and rubbish into rivers, lakes and seas, cutting down trees and turning forest into desert. If these environments are destroyed, so are the animals that depend on them for food and shelter.**

### **S**ea Turtle

Sea turtles breathe air but they live in the sea and only come ashore to lay eggs. A female turtle can lay about 400 eggs in one season, but because there are so many dangers only about one egg in a thousand grows up to be an adult turtle,

### **M**ountain Gorilla

Mountain Gorillas are huge and powerful and walk on all fours. They live deep in the forests of Central Africa and spend most of the day eating. At night they make nests on the ground to sleep..

### **A**frican Elephant

Elephants use their trunks to breathe, touch, smell, reach for food, communicate with each other and to suck and blow water and dust. A grown male elephant can weigh as much as 10 small cars. They live on the savannah and are killed for their ivory tusks.

### **Q**ueen Alexandra's Birdwing Butterfly

This is the largest butterfly in the world with a wingspan of 25 centimetres. The females are dark brown and the males are light blue, yellow, green and black. They live in the rainforest on an island in the Pacific but are dying out because their forest is being destroyed.

### **G**iant Otter

Giant otters live in South America around slow moving rivers. They have webbed feet, a strong tail for swimming and they eat fish. They are dying out because the river water is too dirty and because they are still hunted for their skin.

### **P**arrot

Most parrots do not make nests but lay their eggs in the hollow of a tree. Some of the largest, most colourful parrots live in the rainforest and are caught in the wild to be sold as pets, though they generally die in captivity. They can grow as big as a metre high and live for over 80 years.

### **R**hinoceros

A rhinoceros stands over 1.5 m high at the shoulder, weighs twice as much as a family car and can run as fast as a horse. They live on the African savannah but have been hunted close to extinction for their horn which is believed by some people to have magical healing properties.

### **O**kapi

The okapi is closely related to the giraffe but it has a short neck and a dark brown coat with white stripes on its hind quarters like a zebra. They are very shy and live deep in the African rainforest.

### **B**lue Whale

When born, a blue whale calf weighs nearly 3 tonnes - twice as much as a family car. Within a year it weighs 26 tonnes and fully grown it is bigger than 30 elephants and heavier than 1,600 people. Polluted seas threaten their survival.

### **W**oolly Spider Monkey

Twenty years ago there were over 3,000 woolly spider monkeys - today there are just 350 left alive. They live in the tops of the tallest trees of the South American rainforest and eat leaves and insects. They are dying out because they are still hunted for food and their forest is being destroyed.

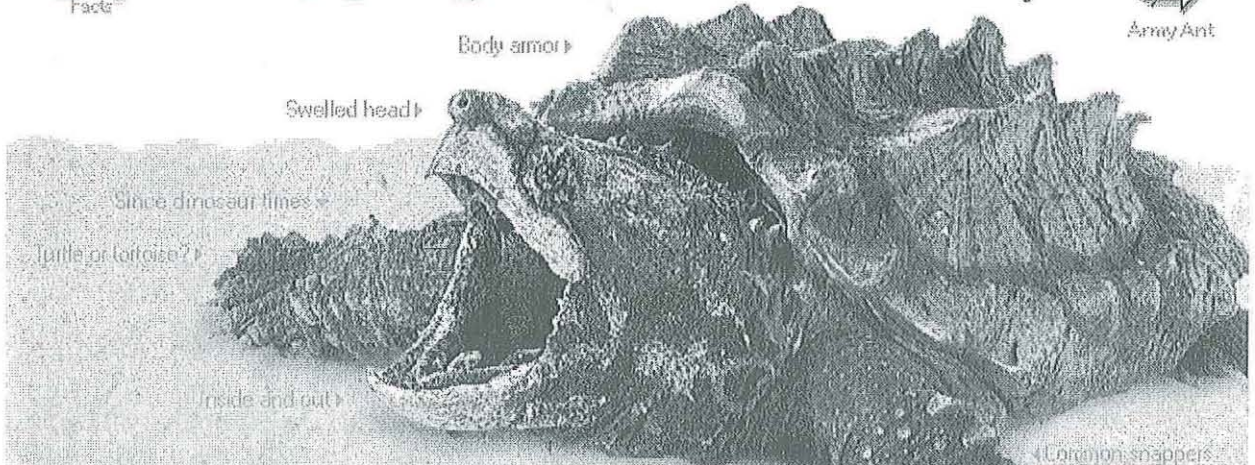


## Snapping Turtle

Endangered turtles



Amy Ant



Swelled head

Body armor

Since dinosaur times

Turtle or tortoise?

Inside and out

Common snappers

**An alligator snapper's lightning-fast bite can snap a broomstick in half. It's the heaviest freshwater turtle in the world—an average adult weighs as much as a large man! Its cousin, the American snapping turtle, is less than a third its size but also has knife-sharp jaws. Still, humans injure these important scavengers far more than the other way around—in some places, snapper soup is a delicacy.**



## Rhinoceros

More valuable than gold

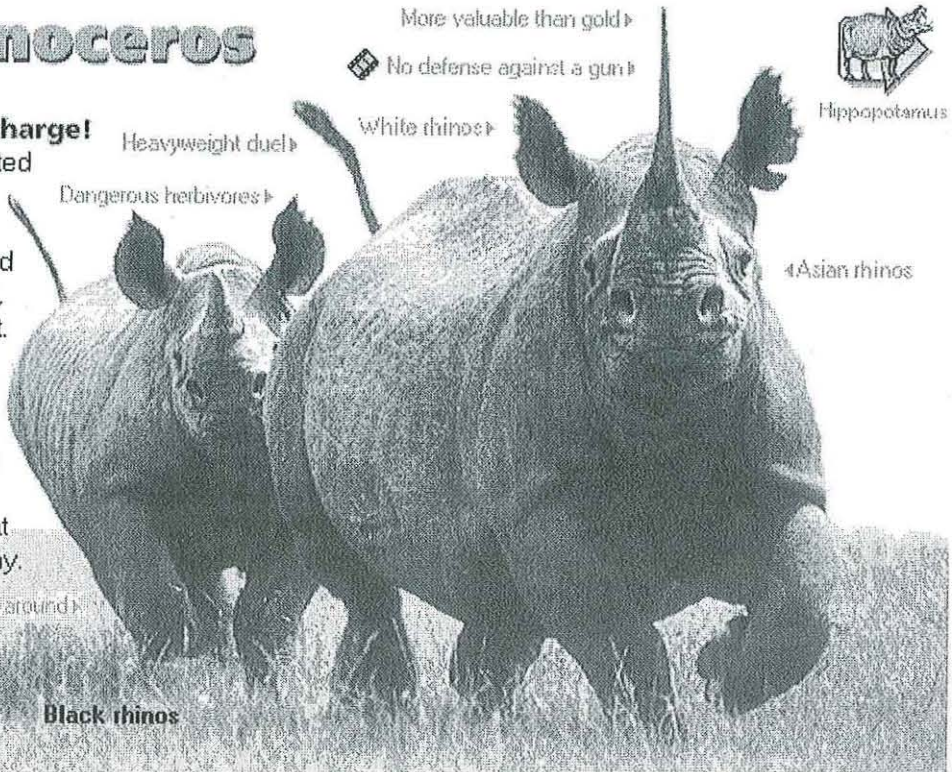
No defense against a gun



Hippopotamus

### When in doubt, charge!

That's the rule an irritated rhino follows. These living armored tanks have good hearing and a great sense of smell, but very poor eyesight. They sometimes charge blindly, huffing and puffing, before they even know where an intruder is, and before they're sure that the intruder is an enemy.



Heavyweight duels

White rhinos

Dangerous herbivores

Asian rhinos

Wallowing around

Black rhinos

# Short Story

## A Life in the Day of a Town Vet



"Christ", he said, doing up the straps of his cat's basket, "I wish I could earn a living as easily as you do!". There wasn't a lot I could think of in retort to that at the time so, with what I hoped was a slightly quizzical expression on my face, I showed him out of my consulting room. Besides it was nearly coffee time and there was only one more client to see.

It had been the usual sort of morning. I had been awakened around 6.30 by Bussy, my dog, with whom I shared a townhouse in Teddington, howling his hunger from the kitchen. We were on the road by 7.30 with frost on the windscreen and Wogan on the radio and traffic through Kingston not being too bad that morning, eight o'clock saw me nudging my car into the garage at my hospital in Epsom.

All was activity there with the early-duty nurses admitting the day's surgical patients, answering the usual spate of morning telephone calls and tending to the needs of the overnight patients. Bussy and I gained the sanctuary of my office and whilst he settled down in front of the fire with a satisfied grunt, I made myself some coffee and attended the mail.

Morning surgery had started at 8.45 and had been a busy one with a couple of cases to be seen in addition to my booked appointments. It was just after 10.20 now and there was only old Mrs. Watson left to see.

"Mornin' Mr. Foster". I had long given up correcting her. "It's Speedy again, I'm afraid".

Speedy, a mongrel of indeterminate forebears, was both grossly overweight and shamelessly over-coddled but, unlike so many of his species, accepted it all as his lot in life and never let it affect his true and very pleasant personality. He came waddling in, wagging his tail with a look of supercilious resignation in his eyes as Mrs. Watson explained "I think it's 'is 'eart - 'e spends all 'is time pantin' an' that an' don' eat nuffink like 'e used to". I heaved him up on to the table.

"Good Lord", I said "how many coats has he got on?" "Only three" was her reply. "It's not ser

cold now, so I left the other one off". "He doesn't need all these coats, Mrs. Watson, he has a perfectly good coat of his own and if you smother him like this it'll do him no good at all" I remonstrated. "But I only ever leaves two on when 'e's indoors an' when the 'eatin's on I sometimes takes even another one off".

I examined him and, as usual, could find nothing wrong with him at all and explained for the umpteenth time that she was over protecting him. "No wonder he's panting - he's too hot and as far as his appetite is concerned, you're overfeeding him". After further explanations and admonitions I showed her out and as I left my consulting room a couple of minutes later, she was sitting in the Waiting Room lecturing Speedy on how things were going to change and how, from now on, he was no longer going to be so pampered - "As that kind Mr. Foster says". I went in search of a coffee but couldn't help noticing that she was having a bit of a struggle securing the buckles on his third coat!

It looked like it was going to be a fairly busy day. My colleague had been up half the night with a difficult whelping and could not fairly be counted on for an awful lot more than her own surgeries. There were two visits to be done and a whole list of small operations. I decided to polish off the visits first.

We had a student with us at the time, in his third year at Cambridge, learning the ropes. A nice lad and seemingly eager to experience all he could about the Small Animal side of things. A hospital like mine attracted many visitors but they always fell into two basic groups. Wide eyed and dismayed schoolgirls, dreaming of working with animals who, after the usual round of being scratched by cats, bitten by dogs and fainting in the OR, turned their heads elsewhere. And the veterinary students "seeing practice" as their curriculum required, usually spending their time drinking coffee and chasing the nurses but invariably a breath of fresh air for all that. Simon, though, was keen to see it all, so off we set on my two visits.

My first call was to a French lady of a highly volatile and nervous disposition whose old and crippled Griffon had reached the end of the road. She had deliberated many times in my surgery on what she should do and, until now, had always turned away from the brink. She had finally made the decision, however, and wished it done in the surroundings of the dog's own home, whilst she was cradling him in

her arms. Such a situation, although making life quite difficult for the Vet, can, under normal circumstances, help the owner through a most distressing and heart rending episode. This case, however, was not to be normal.

The usual procedure involving a swift intravenous injection was impossible, since the dog, cantankerous at the best of times, would require a degree of restraint that the owner was neither prepared nor able to provide. Instead I had to use a highly hazardous drug which is effective via intramuscular injection but which is such a potent narcotic in humans, that just a scratch with a loaded needle can prove nearly fatal. After a little struggle and with the dog clamped firmly to the ladies bosom, I managed to implant the required injection and we settled down in silence to await the inevitable. Within five minutes it was all over, the little chap had drifted peacefully away and I moved to take the body from the lady's arms, when horror struck. She was unconscious, dead to the world. Common decency prevents me from describing my immediate reaction to this, but suffice it to say I was not a little concerned. Had there been an accident at the time I'd given the injection? Quickly I checked as well as I could and could find no such evidence so I calmed myself down to a frenzy and started to think what to do next.

Simon, standing with both his eyes and mouth wide open and clutching the cadaver I had passed him to his chest in an almost perfect rendition of the owner but a few moments previously, suddenly cried "Loosen her clothing! - I've read that somewhere - loosen her clothing!". "You've got to be joking", I shouted, "Put that dog down somewhere and see if you can find some brandy"! He hurriedly laid the body on a table and started to search the cupboards in the room. While all this was going on the lady started, much to my relief, to come round and in a semi-comatose state began to moan.

Finally, she opened her eyes, saw her little dog laid out on the table nearby and started howling. At this point, a neighbour, who was evidently in possession of a front door key, walked in on the scene. I was standing in the middle of the room transfixed, Simon had his head buried in a sideboard cupboard and whilst the owner continued to scream and sob, the

little dog, his sphincters relaxing in death and with a little explosive pop, defecated on the table cloth.

It was about 30 minutes later when the mayhem had subsided and the lady, under the good offices of her neighbour, had recovered some of her composure, that we felt able to leave and set off, a trifle shakily, for our next visit.

This was to be one of my regular three-monthly visits to a local mental hospital to clip the beaks and claws of some 30 budgerigars they had in a day-room aviary. Usually, the staff managed to catch the birds and confine them in small cages before my arrival and the job was not too much of a problem. On this particular occasion, however, they had not had the time and thus it fell to Simon and me to catch the patients ourselves and tend to them there and then. As we were about to enter the sizeable aviary an inmate rushed up enquiring "Wot you doin' then?". "We're going to catch the birds" I replied. "Never mind, dear" she said, drawing

up a chair to the side of the aviary and settling down, "we're all a bit silly in 'ere". News soon spread and before we were even halfway through, the day-room was crammed with a crowd of chattering and curious onlookers. When the job was done and we left the aviary a round of appreciative applause erupted and the inmate who had started it all jumped up from her chair and exclaimed "We all enjoyed that so much dears, can yer come back again to-morrer?"

On returning to the hospital, I was relieved to find that my colleague had managed to polish off the day's operations and I had fifteen minutes to grab a sandwich before starting afternoon surgery. This passed off normal enough but just as it was finishing a road accident was rushed in. A dog about a year and a half had been mangled by a lorry - the poor little chap was a real mess but still had it in him to wag his tail when laid on the examination table. He was admitted at once and filled with everything we could think of to reduce the pain and the massive shock he was suffering and get him into a state where surgery could be contemplated. He was in the theatre an hour later and back in recovery an hour after that, but it was to be touch and go.

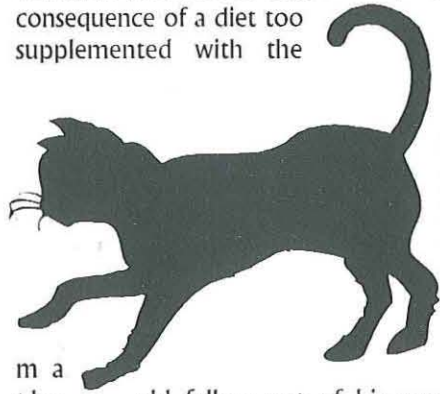
It was now 5.40 and I was forty minutes late for the start of my evening surgery. All my bookings were full, so there was no chance to



# Short Story

catch up any real time and I did not manage to close my consulting room door on the last client until just before eight.

There had been one admittance, a feisty old neutered tom cat with a blocked bladder. This was a common problem at that time, the consequence of a diet too heavily supplemented with the

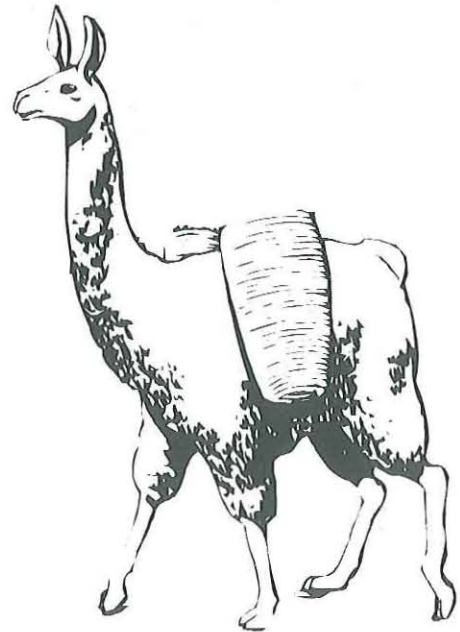


dried cat food preparations which had become all the rage and required careful anaesthesia and catheterisation to relieve. We managed to get the old fellow out of his cage and onto the table and were just about to give him his intravenous anaesthetic when he decided he'd had enough. Despite being distinctly under the weather - Whoosh - he was out of the nurses grasp, off the table and performing a wall of death around the prep room. My nurse, with amazing agility and presence of mind managed to catch him in a cat basket as he peeled off the top of an instrument cupboard with his eyes set firmly on the doorway to the wards. An attempt at a mini wall of death around the cat basket soon subsided into some decidedly impolite cat language followed finally by an ominous silence. Using her many years of experience, the nurse then wrapped the entire cat basket in a heavy blanket and through the blanket opened the lid. Whoosh again but this time he was caught and there followed a pantomime of the two of us clutching fearfully to a heavy mass of blanket, trying to locate where the various parts of the patient were. This was aided only by the occasional tooth or claw appearing for all too brief a moment through the blanket. Finally the head was found, leading to the back of the neck which was then firmly grasped. The corners of the blanket were then gingerly peeled back and replaced in turn until a foreleg could be found and after that it was plain sailing and the old war horse subsided into a deep slumber. He was back in the ward sleeping it all off in twenty minutes and following a final check on the rest of all the in-patients, including the little road accident who was still causing much concern, I returned to my office to close the books on the day's business and collect Bussy for the journey home.

As we were leaving about half-an-hour later, the night duty nurse rushed out of the ward and asked me to look at the road accident again. By the time I got to him, his breathing had become very shallow and his eyes had taken on that glassy look which tells you that the end is not far away. A couple of minutes later, despite all we tried to do and with a final gasp and what I can only describe as an apologetic look on his face, the little fellow died. What a dreadful waste.

I went back to my office and disconsolately telephoned the owners to tell them the distressing news and then finally went in search of Bussy so we could at last go home/

I found him nosing around the garden, his breathing, caught in the light from a nearby lamp post, making little white transient blooms in the cold night air. "Ah well, Bussy" I said, "tomorrow is another day" and he gave me a knowing look with those big, brown, soulful eyes of his and cocked his leg against the gatepost.



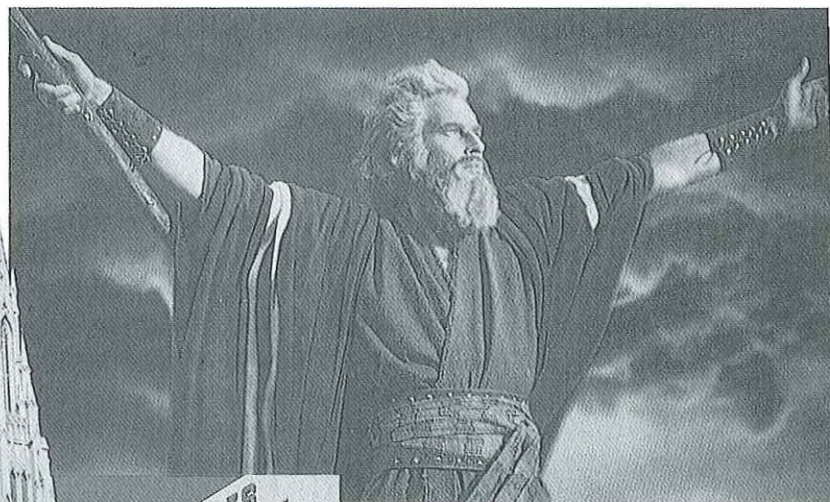
# THE WORD IS...

**LOAVES, FISH AND CHIPS** The newly refurbished Shrine of the Most Holy Redeemer on the Strip at Las Vegas is not your typical Catholic church. For one thing, casino chips are accepted on collection plates and in the gift shop. (The Franciscan friar who has the job of cashing them is known as the Chip Monk.) A \$5 donation to the building fund gets you a chip featuring the image of Jesus.

**TOASTED BUNS** The Japanese company Sharper Image is now offering a seat cushion with a hot twist. After five minutes in the microwave it stays warm for up to eight hours, making it ideal for outdoor concerts and sports events. However, the cushion's name has a rather unfortunate English translation: Lava Buns.

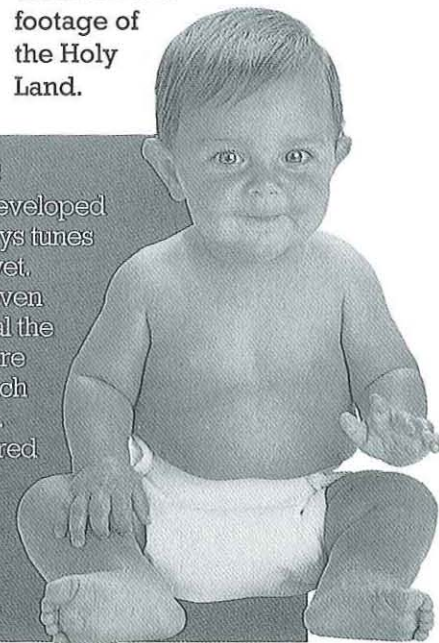
**BEAT OF LEARNING** The University of California at Berkeley has embraced the spirit of the 1990s by starting up a High Risk Entry Team to deal with hostage crises, assassination attempts and crowd control – without relying on city police for protection. In the past few years, the campus police force has had to contend with everything from a mentally disturbed gunman holding a bar full of students hostage, to an activist breaking into the chancellor's house with a machete.

**PRINTING PROBLEMS** Crisp packets and chocolate wrappers may be responsible for the rise in the number of men with a low sperm count, warns the Ministry of Agriculture food laboratory in Norwich. Its research shows that certain 'fat-loving' chemical compounds called phthalates can leak into foods such as chocolate from the ink used to print the wrappers. Phthalates, of which there are about 7,000 types, have been associated with testicular cancer and low sperm counts in American studies.



**HOLY SOFTWARE** The man who brought you *The Ten Commandments* in the guise of Moses, and related *The Greatest Story Ever Told* as John the Baptist, now brings the Bible to your PC. Mr Ben Hur, aka Charlton Heston, plans to release his first software program, the *King James Version*, on CD-Rom, which will include readings from Charlton and footage of the Holy Land.

**WATER MUSIC** A musical nappy developed by a Dutch firm plays tunes when the baby is wet. Special threads woven into the fabric signal the presence of moisture to a microchip, which activates the music. The nappies, powered by battery, are currently being evaluated by the British National Research Institute.



## British Club General Committee

If you have any questions about the British Club or if you have any suggestions please call any of the Committee Members below



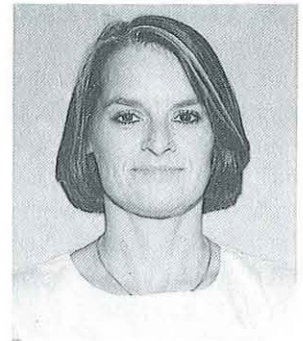
**Dugal Forrest**  
398 3807  
Fax 399 1564



**Des Keane**  
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Fax 256 7472



**Jack Dunford**  
236 0211  
Fax 236 7000



**Joy Masood**  
238 4300 x 2144  
Fax 238 4969



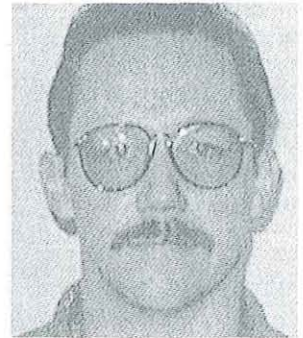
**Mike O'Connor**  
234 0247  
Fax 235 1560



**Doug Mather**  
396 1715-6  
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**Keith Pearson**  
281 1140  
Fax 281 1209



**Dave Haworth**  
258 2889  
Fax 260 3235



**Mark Partridge**  
287 3031  
Fax 287 1500



**David Turner**  
279 1234  
Fax 279 1234



# Quote - Unquote

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**People think we make \$3 million and \$4 million a year. They don't realise that most of us only make \$500,000.**

Texas Ranger baseball player Pete Incaviglia

**I am philosophically opposed to any fare increase ... That does not mean I will not support one.**

Joseph Alexander, Fairfax County (Virginia) supervisor

**I was not lying. I said things that later on seemed to be untrue.**

Richard Nixon, discussing Watergate in a 1978 interview

**For seven and a half years I've worked alongside President Reagan. We've had triumphs. Made some mistakes. We've had some sex .. Uh .. Setbacks.**

George Bush

**A man could not be in two places at the same time unless he were a bird.**

Sir Boyle Roche, eighteenth-century Member of Parliament from Tralee

**This is not a conventional war. We have to forget propriety.**

Colonel Robert A. Koob, tentative head of jury in the Sergeant Charles E. Hutti case. Hutti was accused of assault in the My Lai massacre during the Vietnam War

**Would the fans along the outfield please remove their clothes?**

Tex Rikards, public announcer at Ebbets Field, Brooklyn, New York after fans had used the top of the outfield fence for their coats

**It would be a good thing to take your bank book to the fallout shelter with you.**

Federal Reserve System suggestion

**When I want your opinion, I'll give it to you.**

Movie mogul Samuel Goldwyn to a young writer

**You can observe a lot by watching**

Yogi Berra

**The female teachers were instructed in cooking. They had, in fact, to go through the process of cooking themselves in turn.**

In the annual report of the Commissioners of National Education in Ireland

**This is the worst disaster in California since I was elected**

California Governor Pat Brown, discussing a local flood

**I want this house over furnished in perfect taste.**

Michael Curtiz, director, talking about a set design

# Final Countdown

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## From the Chairman

Firstly, a big welcome back to those of you returning from leave. The Club has been quite quiet without you, it's good to see you back.

Despite the absence of many of our members, July has turned out to be yet another good month for the Club and we are hopeful that August will not lag far behind.

On the matter of finance, the Treasurer, Des Keane, has produced a report on the way things are which you will find elsewhere in this magazine. It will be apparent that the Club is in fine fettle financially at present and many of you may well be wondering what all the "fuss" was about.

Well, first of all, the excellent position we are in at the moment was not arrived at by accident but through the adoption of a very strict monetary policy. Secondly, as a result of very much improved accounting methods over the past few years, we are now able to peer into the future with a lot more conviction than was possible before. The indications we see from this are fairly clear, expenses are increasing at a greater rate than revenues. Presently, this situation is being addressed by the strict control over our monies that has been adopted and must be expected to continue for the foreseeable future. Such measures must, however, be considered as only temporary expedients and the only sound way of ultimately eliminating the problem is through a substantial increase in membership. Currently our numbers are around 870 but, as you will see in Des' report, his estimates suggest a figure of 1100 should be our target. We obviously have a long way to go! In an attempt to set this ball rolling we have introduced the Member-get-Member drive which I hope will prove a strong incentive to you all and we are backing this up with a vigorous campaign of advertising the Club and all it has to offer to those organisations having possible contact with prospective new members. We are also wishing to introduce certain measures by which joining the Club may be made a little easier and less expensive to join particularly for the younger and more short-term expatriate. These will be the subject of an EGM which we are to call for 10th October, full information on which is to be circulated soon.

Despite our maintaining a very strict control over capital expenditure, it has been possible for us to complete two projects recently which I hope you will all enjoy in the future. Firstly, through the generosity of the Golf Section, we have been able to purchase and install an upgraded satellite TV system which is capable of receiving signals from pretty well any satellite in the area. This should greatly increase our ability to receive and show sporting and other events hitherto beyond the reach of our previous system. Thank you Golf Section, your gesture is greatly appreciated.

Secondly, under pressure from the F&B sub-committee, the purchase of two coffee machines for the Club has just been agreed which should improve the quality of our coffee, a matter which has been the subject of many a member's complaint over the past several months.

I think it is safe to say that, the holiday period aside, usage of the Club has picked up of late. I believe this is, in part at least, due to the excellent work of Barry and his colleagues in the kitchens. The recent food promotions and new menus have injected a new vigour into our catering illustrated by an uplift of over 50% in meals served per month in Lords during the first half of this year in comparison to the same period last year. Well done Barry! The Club is there for you to enjoy, do so and encourage your friends and acquaintances to join too, they surely will be glad you did! Over to you.

Dugal Forrest  
Chairman

# IS IT TIME TO PULL OUT YOUR WOOLLY?

If you're going back to the UK this summer it's certainly wise to pull it out and give it a good airing. You'd also be well advised to contact Transpo, Thailand's biggest international moving company. We specialise in taking the heat out of household moves. With specialist surveyors, skilled packers and 130 affiliates around the world your shipment will be handled with care wherever it goes. So don't be left out in the cold, call Transpo on 259-0116.



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